

Franklin School CANTEEN LUNCH MENU: TERM 2 - 2021

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 19/4-23/4	Chicken and corn soup with wholemeal bread rolls <u>Vegetarian Option:</u> Tofu and corn soup with wholemeal bread roll	Lamb stew with pearl Couscous <u>Vegetarian Option:</u> Tofu and vegetable kofta with couscous	Crumbed fish fingers with mashed potatoes and vegetables <u>Vegetarian Option:</u> Vegetable cake with mashed potatoes and vegetables	Beef, mushroom and veggie stir-fry with hokkien noodles <u>Vegetarian Option:</u> Vegetable, mushroom and tofu with stir-fry hokkien noodles	Chicken fried rice <u>Vegetarian Option:</u> Vegetable and tofu fried rice
2 26/4-30/4	ANZAC Day Holiday	Cheesy pizza with basil	Beef burritos with salad <u>Vegetarian Option:</u> Soy mince and lentil burritos with salad	Butter chicken with plain rice <u>Vegetarian option:</u> Butter paneer with plain rice	Spaghetti bolognese <u>Vegetarian Option:</u> Tofu and vegetable bolognese
3 3/5-7/5	Chicken and corn soup with wholemeal bread rolls <u>Vegetarian Option:</u> Tofu and corn soup with wholemeal bread roll	Lamb stew with pearl Couscous <u>Vegetarian Option:</u> Tofu and vegetable kofta with couscous	Crumbed fish fingers with mashed potatoes and vegetables <u>Vegetarian Option:</u> Vegetable cake with mashed potatoes and vegetables	Beef, mushroom and veggie stir-fry with hokkien noodles <u>Vegetarian Option:</u> Vegetable, mushroom and tofu with stir-fry hokkien noodles	Chicken fried rice <u>Vegetarian Option:</u> Vegetable and tofu fried rice
4 10/5-14/5	Cheesy pizza with basil	Beef burritos with salad <u>Vegetarian Option:</u> Soy mince and lentil burritos with salad	Butter chicken with plain rice <u>Vegetarian option:</u> Butter paneer with plain rice	Spaghetti bolognese <u>Vegetarian Option:</u> Tofu and vegetable bolognese	Chicken and corn soup with wholemeal bread rolls <u>Vegetarian Option:</u> Tofu and corn soup with wholemeal bread roll
5 17/5-21/5	Lamb stew with pearl Couscous <u>Vegetarian Option:</u> Tofu and vegetable kofta with couscous	Crumbed fish fingers with mashed potatoes and vegetables <u>Vegetarian Option:</u> Vegetable cake with mashed potatoes and vegetables	Beef, mushroom and veggie stir-fry with hokkien noodles <u>Vegetarian Option:</u> Vegetable, mushroom and tofu with stir-fry hokkien noodles	Chicken fried rice <u>Vegetarian Option:</u> Vegetable and Tofu fried rice	Cheesy pizza with basil
6 24/5-28/5	Beef burritos with salad <u>Vegetarian Option:</u> Soy mince and lentil burritos with salad	Butter chicken with plain rice <u>Vegetarian option:</u> Butter paneer with plain rice	Spaghetti bolognese <u>Vegetarian Option:</u> Tofu and vegetable bolognese	Chicken and corn soup with wholemeal bread rolls <u>Vegetarian Option:</u> Tofu and corn soup with wholemeal bread roll	Lamb stew with pearl Couscous <u>Vegetarian Option:</u> Tofu and vegetable kofta with couscous
7 31/5-4/6	Reconciliation Day Holiday	Crumbed Fish Fingers with mash potatoes and vegetables <u>Vegetarian Option:</u> Vegetable Cake with mash potatoes and vegetable	Beef, mushroom and veggie stir-fry with hokkien noodles <u>Vegetarian Option:</u> Vegetable, mushroom and tofu with stir-fry hokkien noodles	Chicken fried rice <u>Vegetarian Option:</u> Vegetable and Tofu fried rice	Cheesy pizza with Basil
8 7/6-11/6	Beef burritos with salad <u>Vegetarian Option:</u> Soy mince and lentil burritos with salad	Butter chicken with plain rice <u>Vegetarian Option:</u> Butter paneer with plain rice	Spaghetti bolognese <u>Vegetarian Option:</u> Tofu and vegetable bolognese	Chicken and corn soup with wholemeal bread rolls <u>Vegetarian Option:</u> Tofu and corn soup with wholemeal bread roll	Lamb stew with pearl Couscous <u>Vegetarian Option:</u> Tofu and vegetable kofta with couscous
9 14/6-18/6	Queen's Birthday Holiday	Crumbed Fish Fingers with mash potatoes and vegetables <u>Vegetarian Option:</u> Vegetable Cake with mash potatoes and vegetable	Beef, mushroom and veggie stir-fry with hokkien noodles <u>Vegetarian option:</u> Vegetable, mushroom and tofu with stir-fry hokkien noodles	Chicken fried rice <u>Vegetarian Option</u> Vegetable and Tofu fried rice	Cheesy pizza with Basil
10 21/6-25/6	Beef burritos with salad <u>Vegetarian Option:</u> Soy mince and lentil burritos with salad	Butter chicken with plain rice <u>Vegetarian option:</u> Butter paneer with plain rice	Spaghetti bolognese <u>Vegetarian Option:</u> Tofu and vegetable bolognese	Chicken and corn soup with wholemeal bread rolls <u>Vegetarian Option</u> Tofu and corn soup with wholemeal bread roll	Lamb stew with pearl Couscous <u>Vegetarian Option</u> Tofu and vegetable kofta with couscous